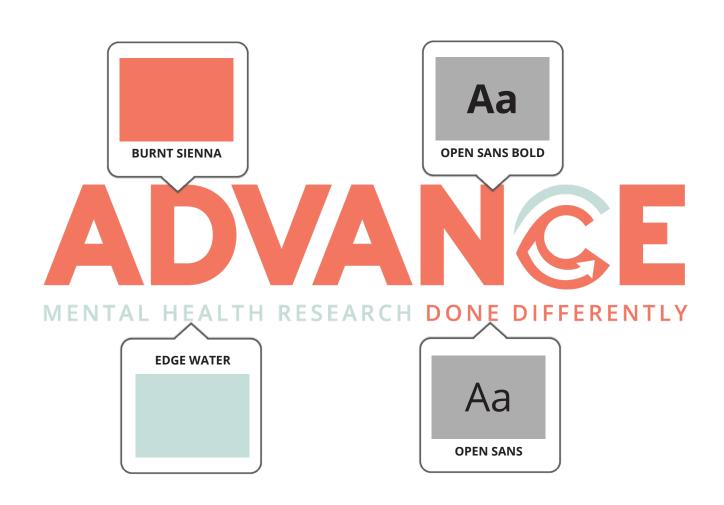


# **Brand Guide**

v1.0 - 12.12.2023

## **Primary Logo**



## **Secondary Logos**











#### LOGO INSPIRATION

The emblematic "C" in our logo seamlessly blends an eye, a wave, and an arrow. Rooted in timeless symbolism, the eye serves as a metaphorical window to the soul, embodying ADVANCE's human-centric approach to mental health. The wave represents our goal of creating ripples and expanding mental health interventions through scalable strategies. Meanwhile, the arrow symbolizes ADVANCE's vision to advance mental health through innovative prevention and promotion research.

### Banner

The ADVANCE logo should always come with the EU emblem:





All communication materials should also bare the following disclaimer statement:

"Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the Health and Digital Executive Agency. Neither the European Union nor the granting authority can be held responsible for them."

## Colors



### **Gradients**



## **Typography**

### **Open Sans**

**Bold** 

AaBbCcDd

Regular AaBbCcDd 12345

For most materials.

### **CLAIRE HAND**

BOLD AABBCCDD 12345

REGULAR AABBCCDD 12345

FOR MATERIALS THAT REQUIRES MORE PLAYFUL TONE.

ABOUT US

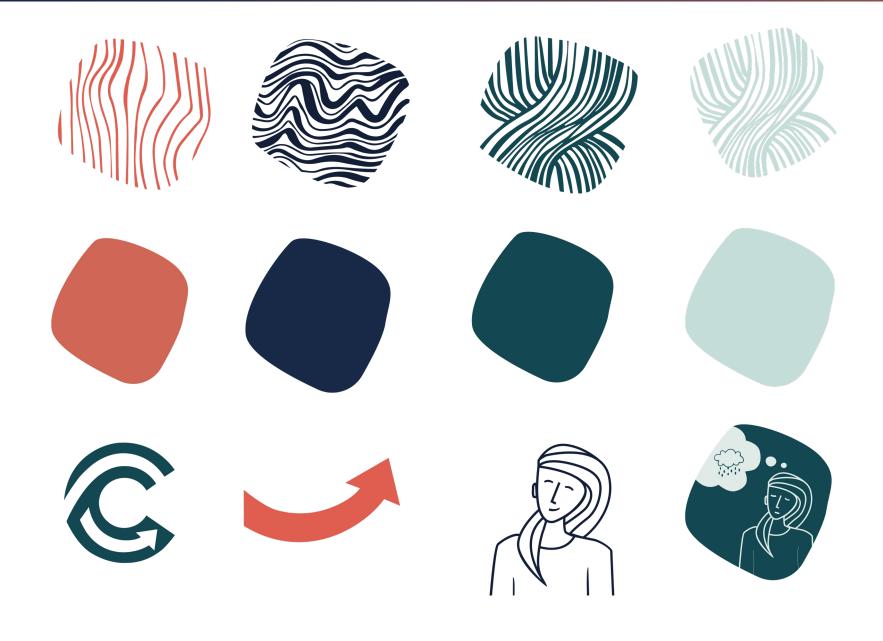
## Mental health research with vulnerable populations

ADVANCE aims to develop, assess, and share strategies rooted in a social justice and human rights perspective. These strategies focus on implementing and expanding cost-effective mental health promotion and prevention initiatives tailored for vulnerable populations in a dynamic European landscape.

## THANK YOU FOR CO-CREATING THIS PROJECT WITH US.

TAKING CARE OF YOUR MENTAL HEALTH IS AN ACT OF SELF-LOVE.

## **Elements**



## Style









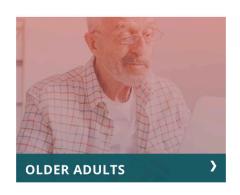
## Web style

### **Buttons with thumbnail (square)**









+

#### **Buttons with thumbnail (horizontal)**



### SUSTAINABLE TECHNOLOGY FOR ADOLESCENTS AND YOUTH TO REDUCE STRESS (STARS)

Ten 20-30 minute sessions delivered through an online chatbot using computers, tablets, or smartphones with a trained non-specialist providing motivation and support.



#### MANAGER TRAINING FOR MENTAL HEALTH (MTM)

MTM is not yet openly accessible, but through our collaboration with WHO, we will be able to conduct the first trial-based evaluation of MTM.

#### **Buttons without thumbnail**

#### PRESS KIT

Logo, branding, visual and textual kit

### SUBSCRIBE TO OUR NEWSLETTER

Sign up to receive the latest about mental health advancements in Europe.

### **Expandable button (neutral)**

WP1: Problem analysis and co-creation

**Overall objective:** To ensure that problem analysis, implementation, and scaling-up strategies build on the perspectives of various stakeholders, including end-users.

WP2: Youth: intervention studies in Lithuania and Germany

WP3: Working adults: cohort and intervention study in the Netherlands

#### Partner with us

We constantly look to build partnership and synergies with like-minded groups and projects. <u>Book</u> a meeting with us so we can explore how we can work together!

### **Content box (neutral)**



#### Self Help Plus (SH+)

SH+ is WHO's 5-session stress management course for large groups of up to 30 people that uses pre-recorded audio and an illustrated guide to teach stress management skill.



#### Doing What Matters in times of stress (DWM)

Doing What Matters in times of stress (DWM) is a smartphone-based intervention, delivered over five weeks with a trained facilitator. It teaches strategies for handling daily stress through mindfulness and relaxation exercises.

### Funded by



The ADVANCE project has received funding from the EU Horizon Programme under Grant Agreement No. 101080323

**Project:** ADVANCE - Addressing mental health vulnerabilities from adolescence to older age: innovating prevention science for times of change

Period: 2023-2028

### Period: 2025-2028

We've chosen these buttons and boxes from the University of Copenhagen's website templates for ADVANCE. Since our website is hosted at UCPH, we need to adhere to some of the university's web styling. However, we have the freedom to experiment with photo filters to align with the project's brand guide.

Website co-branding



#### **EMPOWERING MINDS**

Empowering Minds is a podcast by Mental Health Europe featuring conversations with mental health experts, psychologists and psychiatrists, practitioners and people with lived experience. Mental health is approached from an intersectional perspective, addressing the stigma around this topic and empowering the listeners on their mental health journey.

## Language and tone



## Mental Health: The Power of Language -- glosary of terms and words



For all dissemination and communication materials, ADVANCE will be guided by the glossary of terms and words released by MHE, in order to contribute to paving the way to de-stigmatisation.

https://www.mhe-sme.org/wp-content/uploads/2023/10/ MHE-Glossary-of-terms-and-Definitions.pdf